



# Florida SADD

## Chapter Activity Guide May 2013

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## Keep Kids Alive Drive 25 Day (May 1, 2013)



The mission of KEEP KIDS ALIVE DRIVE 25® is to change the way we drive on neighborhood streets, and beyond. Their goal is to put an end to deaths and injuries caused by speeding and distracted driving on our nation's roads. They do so by educating and actively engaging citizens in a common commitment to create safer streets for the benefit of all, beginning right in our own neighborhood. No one wants to be behind the wheel and hit someone. Since speeders are 3 times more likely to be in a crash (AAA) and account for 33% of motor vehicle deaths, observing the speed limit is a great way to significantly reduce crashes, injuries, and deaths.

Website: [Keep Kids Alive](http://KeepKidsAlive.org)

## National Day to Prevent Teen Pregnancy (May 2, 2013)

The latest news on the teen pregnancy front has been incredibly positive. The U.S. teen pregnancy rate has declined 42% from its peak in 1990 and is now at a nearly 40-year low, according to recent data from the Guttmacher Institute. These new data track teen pregnancy through 2008. In addition to the overall national declines, teen pregnancy has also decreased dramatically among all racial and ethnic groups.

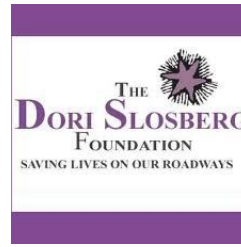
Despite this progress, it is still the case that nearly 3 in 10 girls get pregnant by age 20. This suggests that we all need to continue helping teens postpone their families until they are older, through school, and in stable, committed relationships.

We hope that—in some modest way—the National Day will help teens think carefully about sex, relationships, contraception, the possibility of pregnancy, and the lifelong challenges of being a parent.

Website: [National Day to Prevent Teen Pregnancy](http://NationalDaytoPreventTeenPregnancy.org)

# **The Dori Slosberg Foundation**

## **Driver Education Conference (May 3, 2013)**



Teachers and administrators from across the state are invited free of charge to this full day conference. There are break out sessions about current topics related to driver education and new products displayed for them to demonstrate. This year we would like students from SADD to participate as well and allow us to see their perspective on the new products and the topics that are being discussed that could potentially be added to the driver education curriculum. We would greatly appreciate your assistance in coordinating this effort.

Website: [Registration Page](#)

## **Cinco de Mayo (May 5, 2013)**

Cinco de Mayo has become a very popular celebration here in the US, and has turned into an opportunity for unbridled celebrations that usually include alcohol. This could be a good opportunity for SADD chapters to demonstrate that having fun can be done without getting drunk by setting up a decorated table and giving out mocktails, along with sample recipes.

Websites:

- [History](#)
- [Mocktails](#)
- [Factsheet](#)

## **National Teacher Appreciation Week (May 6 - 10, 2013)**

SADD chapters would not exist if it were not for the dedication and hard work of the chapter advisors, most of whom are teachers. Students, take this week to show your appreciation for all that your chapter advisor has done over the past year/s to make your chapter the success that it is. And please start by telling them how much FLORIDA SADD appreciates everything that they do.

Ways that Florida SADD Students can show their appreciation:

- write a "recipe" with the ingredients and directions needed to "create" their perfect teachers. Students can then share their recipes with their teachers.
- make a "bouquet of thanks." Students can cut flowers out of paper and write a word or phrase in the center of each that best describes their teacher. Find a creative way to display the flowers in the classroom or in an area at school where everyone can see them.
- contact this office at [FloridaSADD@gmail.com](mailto:FloridaSADD@gmail.com) for a letter of appreciation to be sent directly to their club advisor from the FLORIDA SADD state coordinator on their behalf.
- post a message on the [Florida SADD Facebook](#) page
- tweet a message @FloridaSADD

## Teacher Appreciation Day is May 7, 2013

Parents can write a personal note to their children's teachers, thanking them for the special time and effort they have provided throughout the year.

### Websites:

- [PTA website](#)
- [Teacher Appreciation Week Activities](#)

## National Children's Mental Health Awareness Day (May 9, 2013)



SAMHSA's "Caring for Every Child's Mental Health" public awareness effort was created in 1994 with the mission to increase awareness around children's mental health. The "Caring for Every Child's Mental Health" team works to support SAMHSA-funded sites through the strategic use of social marketing and communications strategies. The overarching purpose of the team is to stimulate support for a comprehensive system of care approach to children's mental health services.

**Website:** [National Children's Mental Health Awareness Day](#)

## National Police Week (May 13 – 16, 2013)

To pay tribute to the law enforcement officers who have made the ultimate sacrifice for our country and to voice our appreciation for all those who currently serve on the front lines of the battle against crime, the Congress, by a joint resolution approved October 1, 1962 (75 Stat.676), has authorized and requested President Kennedy to designate May 15 of each year as "Peace Officers Memorial Day," and the week in which it falls as "Police Week" and by Public Law 103-322 (36 U.S.C. 175) has requested that the flag be flown at half-staff on Peace Officers Memorial Day.

Show your appreciation for your local police department by honoring them in any way that you can. One way is to create a school proclamation, gather as many signatures as you can, and invite the Chief of Police to a school assembly to give it to him/her. Contact [FloridaSADD@gmail.com](mailto:FloridaSADD@gmail.com) for a template that you can use for your school.

### Websites:

- [National Police Week](#)
- [Concerns of Police Survivors](#)



## National Bike Month

May is National Bike Month, and in this time of high gas prices, this might be the most cost effective way to get around your town. Timed to coincide with the arrival of warmer weather, this annual event has inspired countless bike rides, safety inspections, commuter challenges, ribbon-cuttings, "share the road" promotions, and other varied celebrations of bicycling in communities across the nation.

One of the most popular activities in Bike Month is encouraging people to bicycle to school or work and forsake their motor vehicles for just one day. Bicycling is fun, healthy, safe, convenient, and by riding you are setting a great example to others. So above all have a great time riding

### Websites:

- [National Bike Month homepage](#)
- [Pedestrian and Bicycle Information Center](#)
- [Florida Bicycle Association](#)
- [Florida Bicycle Helmet Law](#)
- [Bicycle and Skating Safety](#)
- [NHTSA Roll Model](#)



## Motorcycle Safety Awareness Month

Each year, May is designated Motorcycle Safety Awareness Month. States and motorcycle organizations across the country conduct a variety of activities to promote the importance of motorist awareness and sharing the road with motorcyclists.

### Websites:

- [NSC National Motorcycle Safety Month](#)
- [NHTSA Motorcycle Safety](#)
- [Traffic Safety Marketing materials](#)
- [State Farm Safety Tips](#)





## **Click It or Ticket (May 6 - June 13, 2013)**

We all know seat belts save lives, but teenagers today still do not wear their seat belts, and they are dying as a result. Clicking your seatbelt is the number 1 thing that you can do right now to save your life and the life of those in the vehicle with you. Start by being a role model. Always buckle up and make sure everyone you ride with or who rides with you buckles up.

What you can do...

- Conduct seat belt checks. For a how-to-guide, email [FloridaSADD@gmail.com](mailto:FloridaSADD@gmail.com)
- Put license plate numbers of all drivers coming into school & who are buckled up in a hat for a drawing to win prizes such as a pizza party or ice cream sundae party.
- In between seat belt checks put up posters, hand out literature, and read PSAs over the public address system to remind everyone to buckle up.
- Challenge other high schools in your area to see who can reach 100% or the highest participation. Ask a local pizza or ice cream shop to provide an award to the SADD chapter whose school attains the highest percentage.
- Erect a chart in the lobby of your school or out on the front lawn tracking the numbers as they increase. Design the chart in the shape of a seat belt. Indicate the number of seat belt users from the first seat belt check and continue to paint in the progress as you go.
- Consider a "Living Seat Belt Around City Hall" to draw attention to the importance of wearing safety belts. On a designated day, have people join hands to encircle City Hall.
- In front of the building link the circle by "fastening" a large cardboard safety belt buckle. Be sure to invite elected officials and the media participate in this event.
- Obtain permission from your administration to paint buckle up messages at the entrances and exits of your schools.

### **Middle School Buckle-Up Activity**

When conducting seat belt check, address it to the parents in the pick-up line at your school. Give each driver who is wearing a seat belt a lifesaver with a message saying —Thanks for being a lifesaver. Those drivers who are not wearing a seat belt should receive a dum-dum with a message saying —Please don't be a dum-dum. Always buckle up!

**Website:** [NHTSA videos and ideas](#)



## World "No Tobacco" Day (May 31)

Every year, tobacco kills 3.5 million people around the world. In other words, about 10,000 people around the world die from tobacco every day. One million of these deaths currently occur in developing countries. Of course, the best thing is to not start smoking at all. But if you have, or you know someone who smokes, now is a good time to share information on quitting!

### Websites:

- [World Health Organization](#)
- [Tobacco Free Florida](#)

## End of Year Survey

As we go into the final stretch for this school year (where did the time go??!) please complete our annual end of year survey by clicking on this [link](#).

What's in it for you?

- You will receive a box of "goodies" that will include posters, flyers, and FL SADD string bags (registered FL SADD chapters only)
- You will significantly improve our funding options to next year
- You will be able to guide the direction of FL SADD for the next year

Who should complete this survey?

- Anyone, but especially FL SADD Advisors and students

Here's the [link](#).