



Florida SADD

Chapter Activity Guide

February 2015

- African-American History Month
- Friends for Life (all month)
- Teen Dating Violence Awareness Month
- National Children of Alcoholics Week (2/8-15/15)

SADD Shines Day (2/4/15)
- Random Act of Kindness Week (2/9-15/15)
- Teen Traffic Awareness

African-American History Month

Black History Month, or National African American History Month, is an annual celebration of achievements by black Americans and a time for recognizing the central role of African Americans in U.S. history. The event grew out of "Negro History Week," the brainchild of noted historian Carter G. Woodson and other prominent African Americans. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating black history.

Websites:

- [Founders of Black History Month](#)
- [African American History Month](#)
- [Black History Month Activities](#)

Friends for Life

Friends caring for friends is the focus of the Friends for Life campaign. At the center of the campaign is the SADD friendship bracelet. The following message can be attached to each bracelet or written on an accompanying card.

I'm giving this very special gift to you --
because you are my friend and I am yours.
Whenever you are tempted
to do something destructive,
look at this gift -- and think of me.
You'll know I care about you.
And you'll know the right thing to do.
Wear this symbol of our friendship
and remember to make the right choice.
We are "Friends for Life."

SADD chapters can sell the bracelets to students as a fundraiser for teens to give to their friends or your chapter can provide them free. Start by publicizing the event in a way that gets the students interested and involved. You may want to run a weeklong campaign with posters, contests, announcements on the PA, and other events that stress the importance of making good decisions and how each decision you and your peers make affects each other.

At the culmination of the events, hold a "Friends Dance." The concept is to remind your friends and peers that they have the power to influence each other in a positive way.

(Cont'd. on next page)

Friends for Life continued:

The SADD "Friends for Life" bracelet is more than a symbol: it is a constant reminder of the bond friends share. Giving and wearing the friendship bracelet can help students focus on what is truly important in life: caring for each other. Wouldn't it be wonderful if all students in your school wore friendship bracelets showing someone cares for them and wants them to be safe?



SADD friendship bracelets are available from the [SADD Store](#). The card is not included. Chapters must print their own.

Gaither High School SADD

Teen Dating Violence Awareness Month

Across the United States, domestic violence organizations and advocates are joining forces to prevent teen dating abuse as part of Teen Dating Violence Awareness Month. The week of Valentine's Day is a perfect opportunity for your SADD chapter to raise awareness of this important topic.



Websites:

- [Teen Dating Violence Awareness Month](#)
- [Love is Respect](#)

Seminole Ridge High School

National Children of Alcoholics Week

February 8 - 15, 2015

One in four children lives in a family environment where alcohol abuse or alcoholism negatively affects their world and their healthy development. Countless others are also hurt by parental drug abuse. There is growing evidence that living in such families during the crucial developmental years can create lifetime mental and physical health consequences, as well as confusion and fear in the present.

For more information on National Children of Alcoholics Week, go to http://www.nacoa.org/coaweek_suggestions.html.

SADD Shines Day

February 4, 2015

National SADD Shines Day, February 4, 2015, will be a day to celebrate all the ways SADD teens make a difference in our lives and for SADD chapters across the country to celebrate and shine together.

Check out this website to find out how your chapter can participate: [SADD Shines Day 2015](#)





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Random Acts of Kindness Week

February 9 - 15, 2015

Make an effort to be polite to someone you don't get along with. Go out of your way to say hello or have a conversation with them. Getting to know and understand him or her better might help you appreciate your differences. Before you know it you might actually have a new friend!

Website:

[Random Acts of Kindness Week](#)

Teen Traffic Awareness

Teen crashes continue to be a major problem on our roads. The number one reason for these crashes is lack of experience, so it is critical that we follow our GDL (Graduated Driving License) laws; in fact, states with the strongest GDL laws have fewer teen crashes than states with laws that are more lenient (like Florida).

Here are some web sites with information, data, and project ideas. If you implement a teen safe driving event at your school, please send me photos and information so that I can share it with other FL SADD chapters across the state. And if you have a favorite website, send me that link, please.

Thanks for all that you do!

Websites:

- [SADD Contract for Life](#)
- [SADD National Useful Links Page](#)
- [State Farm Teen Resources](#)
- [Liberty Mutual Teen Resources](#)
- [Allstate Teen Resources](#)



Renee Napier and Eric Smallridge at South Miami Beach HS with SADD Chapter students.